
Upcoming Events & News!

Waldorf Alumni Spotlight: Olympic Connection 🏅



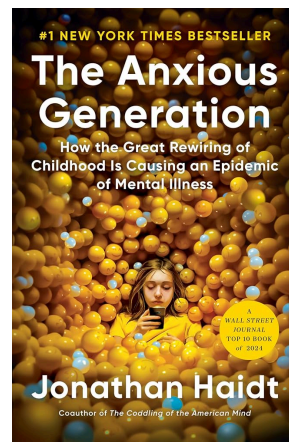
Pictured above (left to right): Mark Danker 1981, and Sarri Danker 1982; Tony Thomson 1981, and his wife, Susan; and their two sons. This was during the Dankers' visit to Brisbane, Australia, last November.

With the Winter Olympics just around the corner, Waldorf is proud to celebrate an Olympian within our alumni community. Tony Thomson, Class of 1981, represented Australia in baseball at the 1988 Olympic Games in Seoul, South Korea.

Following his Olympic experience, Tony enjoyed a successful athletic career as a catcher in the Australian Baseball League from 1990–1994. Beyond the diamond, he built a career as a licensed acupuncturist, showcasing the diverse paths of Waldorf alumni.

Do you know of any other Waldorf Olympians? Let us know who at alumni@waldorf.edu

Virtual Seminar - *The Anxious Generation*



Dr. Kristine (Myhrwold) Meyer 1975 & The Anxious Generation

Thursday, March 26 @ 6:30pm Central | Online

Waldorf University invites you to a timely and thought-provoking virtual seminar with Dr. Kris (Myhrwold) Meyer 1975, exploring Jonathan Haidt's influential book, *The Anxious Generation: How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness*.

This FREE online presentation will examine:

- The rising rates of anxiety and depression among children and teens
- The impact of smartphones and social media on mental health
- Cultural and environmental shifts shaping today's youth
- Ways parents, educators, and communities can support healthier development

Whether you are a parent, educator, healthcare professional, or concerned community member, this seminar offers meaningful insight and conversation around one of today's most urgent challenges.

About the Presenter

Dr. Kris (Myhrwold) Meyer 1975 is a counselor, educator, administrator, and motivational storyteller. A proud Waldorf alumna and member of the Waldorf University Board of Trustees, she is a recipient of the Waldorf Alumni Distinguished Service Award and was named a National Distinguished Principal. Her work and research focus on resiliency, mental health, and helping people thrive through adversity.

Join us online for this important discussion about the well-being of the next generation.

If you'd like to attend, please email us at alumni@waldorf.edu

Waldorf Homecoming is set for October 9 - 10, 2026



Celebrate Waldorf's Homecoming! 🎉



Waldorf University is excited to welcome alumni back to campus on October 9-10, 2026 for a fun-filled Homecoming weekend full of connection, tradition, and Warrior pride.

Reconnect with classmates, enjoy campus events, and celebrate everything that makes Waldorf special. [Visit the Homecoming webpage](#) for the tentative full schedule of events. Registration will be opening this spring.

We can't wait to welcome you home!
Go Warriors!

Waldorf Career Center Events

CAREER CENTER EVENTS Spring 2026

- | | | |
|----------------|---|---|
| Feb. 9 | Virtual Speaker
<i>Online</i>
3-4 p.m.
<i>Sign up encouraged</i> |  |
| Feb. 25 | Business After Hours
<i>Library Lounge</i>
5-7 p.m. |  |
| Mar. 23 | Etiquette Networking
<i>Ballroom</i>
5 p.m.
<i>Sign up encouraged</i> |  |
| Apr. 9 | Career Fair
<i>Atrium</i>
1-4 p.m. |  |

For questions or more info contact
careers@waldorf.edu

The Career Center is busy this semester. The new **Director of the Career Center, Rachel Harms 2008** has lots planned for students this semester! Rachel brings a passion for student success and a strong commitment to connecting education with meaningful career opportunities.

As Director, Rachel is focused on supporting students at every stage of their career journey, from exploring majors and career paths to internships, job searches, and

graduate school preparation. Her goal is to ensure students feel confident, prepared, and supported as they transition from college to career. A key part of the Career Center's mission is building strong connections between students and our alumni community. **Alumni play a vital role in student success**, and there are many ways to get involved:


- Share your career journey or serve as a guest speaker
- Offer job shadowing, internships, or employment opportunities
- Participate in networking events, panels, or mock interviews
- Mentor students interested in your field

Your real-world experience and insights help students see what's possible and prepare for life after graduation.

Rachel looks forward to working closely with alumni to strengthen these connections and create meaningful opportunities for students. If you're interested in getting involved or learning more about the Career Center, we would love to hear from you! Together, we can empower the next generation of graduates for success.



Greater Des Moines Area Coffee Series

Connect with fellow Waldorf alumni and friends over a morning coffee! Join us for our First Thursday's coffee series — a casual drop-in event held every other month at local cafés in the Des Moines area.

 Your first beverage is on us! Just share a favorite Waldorf memory and enjoy some free Waldorf swag while you're at it.

Upcoming Dates & Locations



February 5, 2026

 Scenic Route Bakery
350 E. Locust St, Des Moines, IA 50309
 7:00–10:00 a.m.



Future Coffee Dates

We held 5 in 2025! Here's what's coming in 2026.



February 5, 2026

 Scenic Route Bakery – 350 E. Locust St, Des Moines, IA 50309
 7:00–10:00 a.m.



April 2, 2026

 St. Kilda Collective – 333 5th St., West Des Moines, IA 50265
 8:00–10:00 a.m.



June 4, 2026

 Twisted Bean – 4504 Merle Hay Rd, Des Moines, IA 50310
 7:00–9:00 a.m.

August 6, 2026

 Freedom Blend Coffee – 2329 Hickman Rd, Des Moines, IA 50310
 7:00–10:00 a.m.

October 1, 2026

 Main Street Café & Bakery – 2510 SW Birch Dr, Ankeny, IA 50023
 7:00–10:00 a.m.

December 3, 2026

Questions?

✉️ alumni@waldorf.edu

📱 Text or call Rod Schultz: 608-312-0521



Waldorf Coffee & Softball in Orange City, Iowa



Molly Vander Linden 2008

Warriors, you're invited! ☕🏆

Join fellow Waldorf alumni and friends for a fun Saturday in Orange City, Iowa, on **Saturday, April 25.**

We'll kick things off with coffee and conversation at 11:00 a.m. at Kweken Co (113 3rd St NW, Orange City, IA). A private meeting room is reserved just for us, and **Molly Vander Linden 2008** will be hosting.

Bonus: Free Waldorf swag will be available!

After coffee, head over to cheer on the Warriors as Waldorf Softball takes on Northwestern College at 1:00 p.m. at 615 8th St SE, Orange City, IA.

Come for the coffee, stay for the softball, and show your Warrior pride. Go Warriors! 🍷

🏆 Plan ahead for summer - St. Paul Saints & Iowa Cubs Alumni Events! 🏆

St. Paul Saints Alumni Night

Join fellow Waldorf University alumni and friends for an action-packed evening as the St. Paul Saints take on the Omaha Storm Chasers at CHS Field. Cheer on your team, reconnect with fellow Warriors, and enjoy the electric ballpark atmosphere—then stay for a post-game fireworks show to cap off the night!

Event Details

📅 Friday, May 22, 2026

🕒 6:00 p.m.

🏆 Game starts at 6:37 p.m.

📍 CHS Field


360 N Broadway St., St. Paul, MN 55101

Seating

Our group will gather at 6:00 p.m. in a reserved block of seats in Section 113, located behind a dugout.

Ticket Prices

- \$10 – Adults & Teens
- \$8 – Children ages 3–12
- FREE – Children ages 2 and under
- Ticket sales open through May 15, 2026, or until sold out.

 Reserve tickets: Contact the Office of Engagement and Advancement
alumni@waldorf.edu | 641-585-8148

Iowa Cubs Alumni & Family Night

Enjoy a summer evening at the ballpark as the Iowa Cubs face Indianapolis, all from Waldorf's private, connected suites overlooking the first-base line. This family-friendly event is a great way to reconnect while enjoying great views, comfort, and food—all capped off with post-game fireworks.

Event Details



Friday, July 31, 2026



6:00 p.m.



Game starts at 7:08 p.m.



Principal Park


1 Line Dr., Des Moines, IA 50309

Suite Experience

- Private connected suites (#328–329)
- Indoor seating with outdoor viewing access
- Meal and unlimited snacks included

Ticket Prices

- \$30 – Adults & Teens
- \$15 – Children ages 4–12
- FREE – Children ages 3 and under
- Ticket sales open through July 24, 2026, or until sold out.

 Reserve tickets: Contact the Office of Engagement and Advancement
alumni@waldorf.edu | 641-585-8148

[Waldorf Bookstore](#) - [Stream Waldorf Athletics](#) - [Apply Now](#) - [Request Transcripts](#)

Update your information and share news via [email](#) or through our [online form!](#)

Waldorf University | 106 S 6th St | Forest City, IA 50436 US

[Unsubscribe](#) | [Update Profile](#) | [Our Privacy Policy](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!