Waldorf College – 3K3 Walk•Run•Wag
Assumption of Risk and Release of Liability

Read carefully before signing

The undersigned student, hereinafter registrant (and his or her legal guardian if the registrant is less than 18 years of age), represents and agrees as follows:

1. _____ (Registrant) is a voluntary and willing participant in the 3K3 Walk•Run•Wag, offered by Waldorf College.

2. THE REGISTRANT IS AWARE THAT PARTICIPATION IN THE EVENT CARRIES A RISK OF SERIOUS PERSONAL INJURY. THE REGISTRANT EXPRESSLY AND VOLUNTARILY ASSUMES ALL RISK OF INJURY THAT MAY RESULT FROM PARTICIPATION IN THE PROGRAM.

3. The College agrees to carry out the program under circumstances and supervision as is reasonable. As consideration for being permitted to participation in the program, the Registrant hereby RELEASES AND DISCHARGES the College, and their officers, directors, faculty, agents, employees and legal representatives ("the Released Parties") from any liability, injury, damage, or loss ARISING OUT OF THE PARTICIPATION IN or arising out of any other activity incident to the registrant's participation in the program, including any losses CAUSED BY NEGLIGENCE of the released parties. The Registrant does not release the College from liability for willful or intentional acts of punitive damages.

4. The Registrant also agrees NOT TO SUE OR MAKE A CLAIM AGAINST THE RELEASED PARTIES for injury, damage, or loss sustained as a result of participation in the program. The Registrant will indemnify and hold harmless the Released Parties from all claims, judgments, and costs, including attorney's fees, incurred in connection with any action.

5. The registrant further agrees to abide by all applicable rules and regulations of the College, and the laws of the governmental jurisdictions at the place or places of program offering. The registrant agrees to indemnify and hold harmless the Released Parties from all claims or losses resulting from the registrant's failure to abide by such rules and laws.

That by executing and signing this agreement, I attest to the fact that I have read this "Assumption of Risk and Release of Liability Form" carefully and understand the contents of this document, and have had the opportunity to ask questions as to the nature of the document I have signed. I sign this document of my own free will.

_____

Signature Date

Important! If the registrant is a minor (if the registrant is less than 18 years of age), a parent or guardian must sign or registrant will not be permitted to participate in the program.

I am the registrant's legal guardian. I am signing this release on my own behalf and on behalf of the registrant and his/her heirs and assigns.

_____

Signature Date

For more information:
641.585.8782
osheimk@waldorf.edu

3K3 | Waldorf College
106 South Sixth Street | Forest City, IA 50436
www.waldorf.edu

Waldorf College
8th Annual

WALK•RUN•WAG
3K3

Thursday, April 24 | 5:30 p.m.
Hanson Fieldhouse

Sponsored by the 3 "K's" of Waldorf
Kristi Carlson | Kristi Leonard | Kristi Osheim

3K3 ROUTE

3K = 1.86 miles

6K = 3.72 miles

9K = 5.58 miles

Starts at Fieldhouse parking lot.
Each loop returns to the starting point.

The 3K3 Walk•Run•Wag Event is brought to you by Kristi Carlson, Kristi Leonard and Kristi Osheim - the 3K's of Waldorf! We wanted to have some fun and do a service project, so the idea of a 3K3 was born. We mapped out a 3K route then multiplied it by 3 (3K3). You may choose to run just the 3K or add the second and/or third loop for a total of up to 9K! Walk, run, and even bring your pet to wag!

This is a fundraising event with all proceeds going to the American Cancer Society. About 1,660,290 new cancer cases are expected to be diagnosed. In 2014, about 585,720 Americans are expected to die of cancer, almost 1,600 people per day. In Iowa alone, there are an estimated 17,630 new cancer cases diagnosis for 2014.

Thank you for your participation in our fight against cancer!

3K3 REGISTRATION FORM

- ☐ 3K3 Student (Any Age) $10.00
- ☐ 3K3 Adult..... $15.00
- ☐ Additional Donations to the American Cancer Society are accepted ..... _____
- ☐ XXL Shirt or Larger $1.00

Total: _____

Name _____

Address _____

_____

_____

Phone/Email Address

Method of Payment (circle one): Check Cash
(make checks payable to Waldorf College)

T-Shirt Size (circle one): S M L XL XXL
(Add $1 for the cost of 2XL shirts or larger)

In order to receive a free 3K3 short-sleeved t-shirt, registrations must be received no later than 4/16/14.

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